

## Southern Cross Member having a CT Coronary Angiography

Patient Name:

Cardiologist:

DOB:

Date of CT Coronary Angiogram:

***For Southern Cross Health Society to fund a CT Coronary Angiogram your patient MUST meet one of the following Criteria please indicate which your patient falls into and why:***

1 Members with chest pain or other cardiac symptoms suggestive of coronary artery disease, with a low or intermediate pre-test probability of CAD when the member cannot perform or has a contradiction to exercise and pharmacologic evoked stress testing

2 Members with an intermediate pre-test probability of CAD based on the NZ Guidelines Group 5 year CVD risk 10-15% in whom a recent stress test for the investigation for the investigation of suspected CAD symptoms (Treadmill/Echo/Myocardial Perfusion Scan) has produced results which are unable to be interpreted or equivocal.

**Please provide details below if your patient fits this criteria**

|   |   | <b>Risk level</b> |
|---|---|-------------------|
| Age:  | Gender: M / F                               | 0 - 2.5%          |
| Blood Pressure:                                 | Ratio of Total Cholesterol:HDL-cholesterol: | 2.5% - 5%         |
| Smoker Non-Smoker                               | Diabetes / No Diabetes                      | 5% - 10%          |
| Exercise Test Results – ?Equivocal / Borderline | Yes / No                                    | 10% - 15%         |
|   |   | 15% - 20%         |

**Where risk is under estimated** >20%

**2a** Patients with a strong family history of CVD (ie first-degree relatives: males with CVD before 55 yrs, females with CVD before 65 yrs) are likely to be at greater risk then the tables indicate: Yes / No

**2b** Obese patients with a BMI of 30kg/m<sup>2</sup> or more are likely to be at greater risk then the tables indicate: Yes / No

**2c** In patients with very high pre treatment levels of total cholesterol (> about 8.5-9 mmol/L) or blood pressure (> about 170/100 mmHg) the risk equations may underestimate the true risk: Yes / No

3 Members who require pre-operative assessment of coronary arteries prior to undergoing elective Cardiac Valve or Aortic Aneurysm surgery and the CTA is carried out instead of an Angiogram.  
 Yes / No

4 Members with Echocardiographic evidence of suspected Cardiac Mass, or other morphologic abnormality of the heart, pericardium or great vessels (subject to congenital exclusion).  
 Yes / No

5 Members with new onset heart failure or dilated cardiomyopathy previously evaluated by echocardiography, where ischemia is the suspected aetiology and the CTA is in lieu of an Angiogram  
 Yes / No

**Once completed please fax back to Maria Abernethy 03 355 9103**

**Phone: 03 355 9178**